

Loulou and the Friendly Monsters

FREE
PRINTABLE
ACTIVITIES

AGES
6-10



LEARN ♥ EXPLORE ♥ IMAGINE ♥ GROW



Welcome, Friend!

Loulou, Poggles, and all the Friendly Monsters
are so happy you're here!

Every activity in this book will help you practice:



Kindness



Courage



Friendship



Imagination



Learning



Helping Others

As you complete each activity, you'll become an

Official Friendly Monster Helper!

My Name

Name: _____

Age: _____

Today's Date: _____

Draw Yourself Visiting Friendly Hollow

Imagine you've just arrived in Friendly Hollow!
Draw yourself meeting Poggles and the Friendly Monsters.

Welcome to
FRIENDLY
HOLLOW!



A Friendly Monster lives in every
heart that chooses kindness.

My Kindness Mission

Today I will:

- ☐ Help someone
- ☐ Share
- ☐ Use kind words
- ☐ Be brave
- ☐ Tell the truth
- ☐ Make someone smile
- ☐ Include a new friend



Loulou and the Friendly Monsters

KINDNESS CHOICES

What Would You Do?

Read each situation.
Choose what you would do.
Color your choice and explain why.



- 1** You see a classmate looking sad at recess.



Ask if they are okay



Walk away

Why? _____

- 2** A friend is having trouble with their homework.



Help them



Ignore them

Why? _____

- 3** You see someone drop something they are looking for.



Pick it up and return it



Keep it

Why? _____

- 4** A new student is sitting alone at lunch.



Invite them to sit with you



Ignore them

Why? _____

- 5** Your friend is sharing their toy with you.



Say thank you



Say "that's mine!"

Why? _____

- 6** You made a mistake in front of others.



Be kind to yourself



Get upset and give up

Why? _____

- 7** Someone is being mean to a friend.



Stand up for your friend



Laugh along

Why? _____

- 8** You find a pencil on the ground.



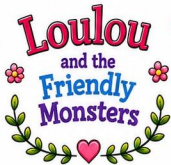
Keep it



Put it in the lost and found

Why? _____

Small choices today create
a kinder tomorrow!
Be kind. Be a friend. Be you!



ACT OF KINDNESS ADVENTURE!

Think of a kind act you did
or want to do.
Tell the story below!



1. WHO?

Who was involved?



2. WHAT HAPPENED?

What kind act did you do?



3. HOW DID IT HELP?

How did it help the person
or others?



4. HOW DID IT FEEL?

How did it make you feel?



5. WHAT WILL YOU DO NEXT?

What kind act will you do next?

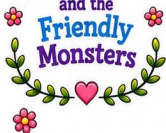


Small acts. Big hearts. Better world.

Keep shining kindness!



Loulou and the Friendly Monsters



MY FRIENDSHIP PROMISE!

Friends make the world brighter!
Finish the sentences and draw a
picture of your promise.



♥ I PROMISE TO... ♥

1. Be kind by _____
2. Help my friends by _____
3. Listen to my friends by _____
4. Include others by _____
5. Make the world brighter by _____
6. Always be a good friend by _____



♥ DRAW YOUR PROMISE! ♥



♥ WORD BANK ♥

share

play

care

listen

include

help

say kind words

be honest

comfort

have fun



A promise from the heart
makes a friendship that lasts!



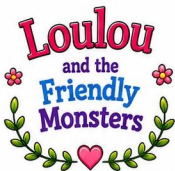
I SPY FRIENDLY HOLLOW!

How many of each can you find?



Look closely, count carefully, and have fun!
Kind eyes see the magic in Friendly Hollow!





FILL IN THE MISSING LETTERS!

What word is missing?
Fill in the blank.



WORD SCRAMBLE!

Unscramble the words about
friendship and kindness.

1. DNKINESS _____
2. FRIENDSHIP _____
3. RCOUAGE _____
4. HELP _____
5. SHRAE _____
6. RSEPECT _____
7. CARING _____
8. BVRAE _____
9. HOENST _____
10. LOVE _____

FILL IN THE MISSING LETTERS!

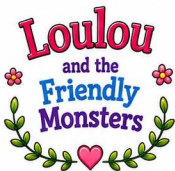
1.  K _ N D N E S S
2.  C _ U R A G E
3.  F R I E N D S _ I P
4.  H _ L P
5.  R E S _ E C T
6.  C A R _ N G
7.  H _ N E S T
8.  B R _ V E
9.  L E A R _ I N G
10.  S H _ R E



Kind words. Kind actions. Kind heart.

That's the Friendly Hollow way!





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Loulou and the Friendly Monsters

MONSTER MATCH-UP!

Each Friendly Monster has something that makes them special!

Draw a line to match each monster to what they are best at.



MONSTERS



Poggles •



Gumbop •



Mistelle •



Flit •



Buttons •



Professor Patches •



Elder Bramble •

BEST AT...

- Inventing amazing things
- Giving the best hugs
- Solving tricky problems
- Making everyone feel welcome
- Finding tiny things no one can see
- Telling wise stories
- Fixing what's broken

MY FAVORITE FRIENDLY MONSTER

Who is your favorite Friendly Monster?
Draw a picture of them and tell us why!

I like this monster because...

FILL IN THE BLANKS

- ♥ A good friend is someone who _____.
- ★ I can show kindness by _____.
- 🍀 I feel brave when I _____.
- 💡 I use my imagination when I _____.

STORY STARTER

Write the beginning of a story about an adventure you had in Friendly Hollow!

Once upon a time, I visited Friendly Hollow and I met _____.

KINDNESS CHALLENGE!

Do one kind thing today for someone at home, school, or in your community! Then come back and tell us about it.

FRIENDSHIP
MAKES EVERY
ADVENTURE
BETTER! ♥



SPOT THE DIFFERENCE!

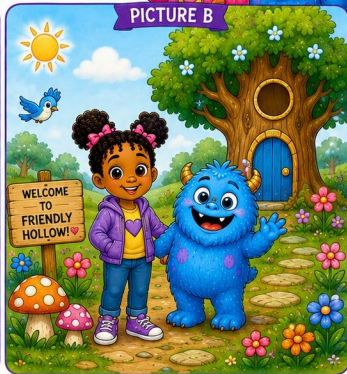
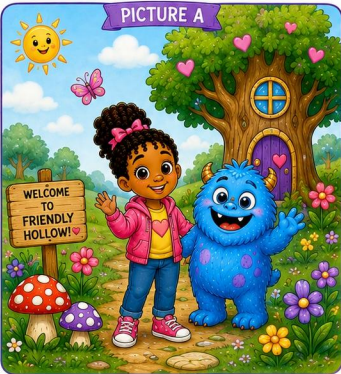
Loulou and Poggles are having fun in Friendly Hollow!

Can you find 7 differences between the pictures?



PICTURE A

PICTURE B



LET'S COUNT!

Count how many you see in Picture A and write the number.

-  Flowers
-  Mushrooms
-  Hearts
-  Butterflies
-  Clouds

DRAW YOUR FAVORITE FRIENDLY MONSTER!

Draw your favorite monster from Friendly Hollow.

THINK & WRITE!

Why is it important to help friends who are lost?

KINDNESS REMINDER

Helping others is how we shine in Friendly Hollow!

WELL DONE, FRIENDLY HELPER!

Loulou and the Friendly Monsters

HELP PIP FIND THE WAY HOME!

Oh no! I can't
find my way
home! ♥

Pip the bunny is lost in Friendly Hollow!
Can you help her find her way home
to Elder Bramble's tree? ♥

START



LOOK FOR THESE
ALONG THE WAY!



Flower



Heart



Star



Mushroom



Leaf

KINDNESS CHALLENGE

How would you help a friend
who is lost or sad?

DID YOU KNOW?

Helping others shows
kindness and makes the
world a happier place!

FINISH



Loulou and the Friendly Monsters

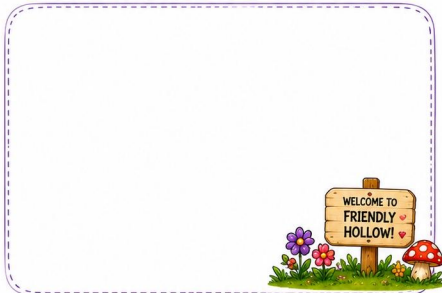
WELCOME, FRIEND!

Loulou, Poggles, and all the
Friendly Monsters are so happy
you're here!



Draw Yourself Visiting Friendly Hollow

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Age: _____

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MY KINDNESS MISSION

Today I will:

- | | |
|---|---|
| ☐ Help someone | ☐ Tell the truth |
| ☐ Share | ☐ Make someone smile |
| ☐ Use kind words | ☐ Include a new friend |
| ☐ Be brave | |

FRIENDLY MONSTER MOTTO

"A Friendly Monster lives in every
heart that chooses kindness."

Loulou and the Friendly Monsters

Design Your Own Friendly Monster!

Every Friendly Monster is different and special—
just like you!



Monster Name:



Favorite Food:



Kindness Superpower:



Lives in (Home in Friendly Hollow):

Draw your monster here!



My monster is:



Funny



Helpful



Brave



Creative



Kind



Loves Reading

Loulou
and the
Friendly Monsters

CERTIFICATE

OF FRIENDLY MONSTER HELPER!

♥ This certificate is proudly presented to ♥

—>> ♥ <<—

★ for showing kindness, being a great friend,
and helping make the world a brighter place!

FOR: _____

DATE: _____

SIGNED: _____



♥ Keep being kind. Keep being you.
The world is better with you in it! ♥