

The Dream Explorers Series

Lila's Recipe for Magic

Book 5

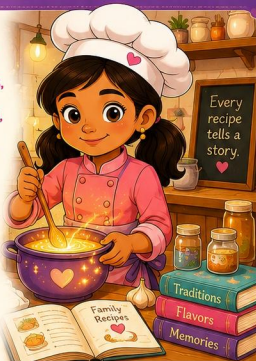
By Alani Elize

Welcome! ♥

DEAR TEACHERS, PARENTS,
CAREGIVERS, AND
HOMESCHOOL EDUCATORS,

Thank you for choosing *Lila's Recipe for Magic*, part of *The Dream Explorers Series*.

This story invites children into a world where cooking becomes an adventure, traditions become treasures, and kindness becomes the secret ingredient that brings people together. As students follow Lila's journey, they discover that every family recipe carries a story, every culture has something valuable to share, and every child has unique gifts worth celebrating.



LEARNING OBJECTIVES

Students will:

- ♥ Develop reading comprehension skills.
- ♥ Build STEM thinking through hands-on activities.
- ♥ Expand academic and cooking vocabulary.
- ♥ Practice creativity and problem-solving.
- ♥ Strengthen observation and critical thinking skills.
- ♥ Celebrate cultural diversity and traditions.
- ♥ Practice teamwork and communication.
- ♥ Build confidence through creativity and innovation.



INCLUDED IN THIS PACKET

- ✓ STEM Activity
- ✓ STEM Vocabulary
- ✓ Reading Comprehension Worksheet
- ✓ Community Word Search
- ✓ Fun Maze
- ✓ Coloring Page
- ✓ Draw Your Own Recipe / Invention Activity
- ✓ STEM Observation Journal
- ✓ Certificate of Achievement



CLASSROOM DISCUSSION IDEAS

- ♥ Why are family traditions important?
- ♥ What makes every culture special?
- ♥ How can food bring people together?
- ♥ What does teamwork look like in a kitchen?
- ♥ How can mistakes help us learn?
- ♥ What recipe would you create to help someone feel loved?



CROSS-CURRICULAR CONNECTIONS

-  **STEM:** Measure, test, observe, compare, improve.
-  **READING:** Sequence events, identify themes, infer meaning, compare characters.
-  **WRITING:** Create original recipes, describe family traditions, write reflections.
-  **SOCIAL STUDIES:** Explore cultures, traditions, celebrations, and communities around the world.

SEL (SOCIAL EMOTIONAL LEARNING)

Students practice:

- ♥ Empathy ♥ Teamwork ♥ Respect for Diversity ♥ Creativity ♥ Confidence

TIPS FOR PARENTS

- Continue the learning at home by:
- ★ Cooking a simple recipe together.
 - ★ Sharing a favorite family tradition.
 - ★ Talking about foods from different cultures.
 - ★ Visiting a local farmers market.
 - ★ Asking your child to create a brand-new recipe.



TEACHER TIP

Encourage curiosity instead of perfection. Celebrate creativity. Allow students to experiment, ask questions, and learn from mistakes—just like real chefs, scientists, and inventors.

- ♥ **very great recipe begins with one idea.**
- ♥ **very great dream begins with one child who is willing to try.**



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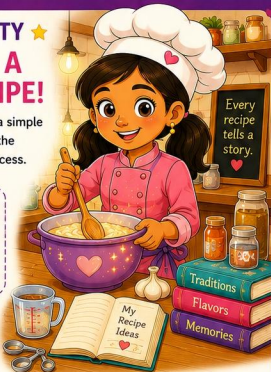
STEM ACTIVITY ENGINEER A BETTER RECIPE!

Design, test, and improve a simple cooking recipe using the Engineering Design Process.

BIG IDEA



Good recipes are more than ingredients—they are designed with care, tested, and made better!



MATERIALS

- Simple recipe (ex: trail mix, no-bake cookie, fruit snack, or sandwich)
- Ingredients
- Measuring cups & spoons
- Mixing bowl
- Paper & pencil
- Taste testing cups (or small plates)
- Optional: timer, scale, and sticky notes



THE ENGINEERING DESIGN PROCESS

1 ASK & IMAGINE



What problem are you trying to solve?
What can you make better about your recipe?



2 PLAN



List the ingredients you will use.
What changes will you try?

3 CREATE



Make your recipe! Follow your plan and build it.
Take good notes.

4 TEST & IMPROVE



Taste your recipe.
What worked well?
What would you change next time?

5 SHARE YOUR RESULTS



Share your recipe and improvements with your classmates or family!



REFLECTION QUESTIONS

- What did you enjoy most about this activity?
- What was the biggest challenge you faced?
- How did you improve your recipe?
- What new ingredient or idea would you try next?
- What did you learn about designing a recipe?



EXTENSION CHALLENGE

Create a "Signature Recipe" all your own! Give it a name, write the ingredients, and draw it.



My Signature Recipe

Recipe Name: _____

Ingredients:

- _____
- _____
- _____
- _____



THINK LIKE A CHEF!

Chefs test, learn, and try again. Mistakes help us improve!
Keep experimenting and creating delicious solutions!



Every great recipe starts with one idea!



CREATIVITY
& IMAGINATION



TEAMWORK
& COLLABORATION



PROBLEM SOLVING
& INNOVATION



LITERACY
& WRITING



CULTURAL
AWARENESS

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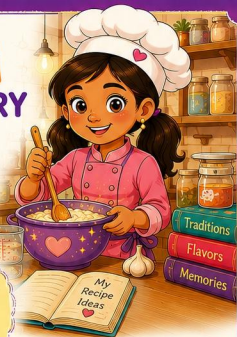
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STEM VOCABULARY

These words are used in *Lila's Recipe for Magic*.

Learn, use, and explore them as you read, cook, create, and discover!



Chefs, scientists, and inventors use vocabulary to turn ideas into amazing results!

WORD	MEANING	WORD	MEANING
Measure	To find out how much of something you need.	Plan	To think about the steps before you begin.
Weigh	To use a scale to find how heavy something is.	Experiment	To try something new to see what happens.
Observe	To look closely using your senses.	Create	To make something new or original.
Temperature	How hot or cold something is.	Improve	To make something better than before.
Mixture	Two or more ingredients combined together.	Recipe	A set of instructions for making food.
Stir	To mix ingredients together using a spoon or whisk.	Tradition	A custom or practice that is passed down through generations.

USE IT!

Choose 3 vocabulary words from above. Write each word in a sentence about cooking, experimenting, or creating.

1 _____
2 _____
3 _____



Vocabulary helps your ideas turn into magic!



CREATIVITY & IMAGINATION



TEAMWORK & COLLABORATION



PROBLEM SOLVING & INNOVATION



LITERACY & WRITING



CULTURAL AWARENESS

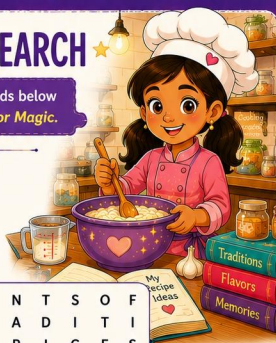
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WORD SEARCH

Find the hidden words below from *Lila's Recipe for Magic*.



Words can be
FORWARD,
BACKWARD,
UP, DOWN,
or **DIAGONAL.**

I	N	G	R	E	D	I	E	N	T	S	O	F
R	E	C	I	P	E	T	R	A	D	I	T	I
K	I	N	D	N	E	S	S	P	I	C	E	S
F	L	A	V	O	R	C	R	E	A	T	E	B
A	B	R	T	E	A	M	W	O	R	K	M	O
M	E	M	O	R	I	E	S	H	E	L	P	O
I	N	N	O	V	A	T	E	M	I	X	H	O
L	O	V	E	T	A	S	T	E	C	O	O	K
Y	C	U	L	T	U	R	E	S	H	A	R	E
M	A	G	I	C	H	E	R	I	T	A	G	E
D	I	S	C	O	V	E	R	E	X	P	L	O
C	E	L	E	B	R	A	T	E	J	O	Y	N

WORD LIST

- INGREDIENTS
- RECIPE
- TRADITION
- KINDNESS
- SPICES
- FLAVOR
- CREATE
- TRAMWORK
- MEMORIES
- HELP
- INNOVATE
- MIX
- LOVE
- TASTE
- COOK
- FAMILY
- CULTURE
- SHARE
- MAGIC
- HERITAGE
- DISCOVER
- EXPLORE
- CELEBRATE
- JOY

DID YOU KNOW?



Food connects people all around the world! Every recipe tells a story about family, culture, and love.



FAMILY

Recipes are passed down from one generation to the next.



CULTURE

Every culture has special foods that reflect its history and traditions.



LOVE

Cooking with love makes every meal more delicious and meaningful.



CREATIVITY
& IMAGINATION



TEAMWORK
& COLLABORATION



PROBLEM SOLVING
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CULTURAL
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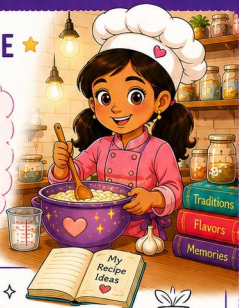
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Lila loves to cook with creativity, kindness, and imagination!

Color the picture and bring Lila's magical kitchen to life!



CHEF LILA'S REMINDER!

The secret ingredient in every recipe is a sprinkle of...



Love!



WHAT MAKES YOUR RECIPE SPECIAL?

Draw or write your idea below!



COLOR WITH KINDNESS!

Share your finished masterpiece with a friend or family member!



CREATIVITY
& IMAGINATION



TEAMWORK
& COLLABORATION



PROBLEM SOLVING
& INNOVATION



LITERACY
& WRITING



CULTURAL
AWARENESS

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DESIGN YOUR OWN RECIPE

You're the chef! Create your very own magical recipe. Be creative and remember—the secret ingredient is always *kindness and imagination!*



1 RECIPE NAME



2 INGREDIENTS

List all the ingredients you will need.

- ★ _____
- ★ _____
- ★ _____
- ★ _____
- ★ _____



3 RECIPE STEPS

Write the steps in order to make your recipe.

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____
- 6 _____



4 SPECIAL POWER

What makes your recipe magic?
What is its special power?



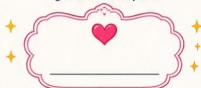
5 WHO IS IT FOR?

Who would enjoy eating your recipe?
Why?



6 SECRET INGREDIENT

Every magical recipe has a secret ingredient. What is yours?



7 DRAW YOUR MAGICAL RECIPE!

Draw a picture of your finished magical creation!



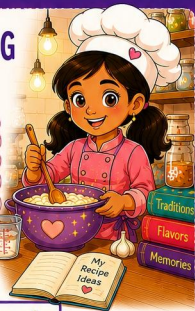
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PROBLEM-SOLVING MAZE

Lila needs the secret ingredient for her magical recipe!
Help her find the right path through the kitchen and garden to get to it!



START HERE!



YOU DID IT!

Now Lila can make her magical recipe!



THINK & SOLVE

Answer the questions below.

1 What could happen if Lila took the wrong path?

.....

.....

.....



2 Which items in the maze are obstacles? Why?

.....

.....

.....



3 What helped Lila solve the problem?

.....

.....

.....



CHEF LILA'S TIP!

When you solve a problem, take your time, think carefully, and don't give up!
Every challenge has a solution.



CREATIVITY & IMAGINATION



TEAMWORK & COLLABORATION



PROBLEM SOLVING & INNOVATION



LITERACY & WRITING



CULTURAL AWARENESS

Lila's Recipe for Magic

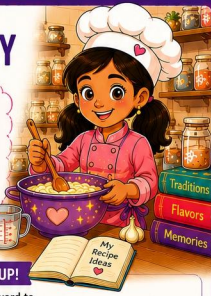
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VOCABULARY

Great chefs use special words to create magic in the kitchen!

Learn these words and become a vocabulary star!



VOCABULARY LIST

	INGREDIENT	Something used to make a recipe.
	MIX	To stir or blend ingredients together.
	CREATE	To make something new and original.
	TRADITION	A way of doing something that is passed down.
	KINDNESS	Being friendly, helpful, and caring.
	MAGIC	Something amazing that brings joy and wonder.
	RECIPE	A set of instructions for making something.
	DISCOVER	To find or learn about something new.

2 MATCH IT UP!

Match each word to the correct meaning.

- 1 INGREDIENT
- 2 MIX
- 3 CREATE
- 4 TRADITION
- 5 KINDNESS
- 6 MAGIC
- 7 RECIPE

- A To stir or blend ingredients together.
- B Something amazing that brings joy and wonder.
- C To make something new and original.
- D Something used to make a recipe.
- E To find or learn about something new.
- F Being friendly, helpful, and caring.
- G A set of instructions for making something.
- H A way of doing something that is passed down.



3 DID YOU KNOW?



Words are like ingredients—when you use the right ones, they make your ideas more powerful!



4 USE IT IN A SENTENCE!

Write your own sentence using any two vocabulary words.

.....

.....

.....



5 WORD CHALLENGE!

Choose one new word from today and use it in a story about Lila and her magical recipe!



CREATIVITY
& IMAGINATION



TEAMWORK
& COLLABORATION



PROBLEM SOLVING
& INNOVATION



LITERACY
& WRITING



CULTURAL
AWARENESS

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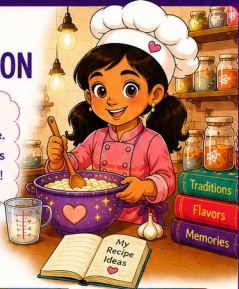
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READING COMPREHENSION

Read the story below about Lila's magical recipe. Then, answer the questions in the sections that follow!



STORY: LILA'S MAGICAL RECIPE

Today was the day of the Community Festival, and Lila wanted to make something extra special. She decided to create her own magical recipe!

First, she looked in her kitchen and garden for the perfect ingredients. She found sweet berries, fresh herbs, and a little bit of sunshine.

Then, she followed her family's traditions and added a sprinkle of kindness. Lila mixed everything with care and patience.

Finally, she shared her magical treat with her friends and neighbors. Everyone smiled and said it was the best recipe ever!

Lila knew the real magic was made of love, creativity, and kindness.

1 DETAILS: Who, What, Where?

Fill in the blanks.

- Who is the story about? _____
- What did Lila want to make? _____
- Where was the festival? _____



2 SEQUENCING: What happened first, next, last?

Write the numbers 1–3 in the boxes.

- ☐ Lila shared her magical treat with her friends and neighbors.
- ☐ Lila looked in her kitchen and garden for ingredients.
- ☐ Lila added a sprinkle of kindness and mixed everything.



3 CAUSE & EFFECT

Why did Lila add kindness to her recipe?

- Because it made the recipe look pretty.
- Because it is part of her family's traditions.
- Because it makes the recipe extra special.
- Because her friends told her to.



4 MAIN IDEA

What is the main idea of the story?

- Lila found a secret recipe in a book.
- Lila made a magical recipe using love, creativity, and kindness.
- Lila went to a cooking class.
- Lila bought all the ingredients at the store.



5 AUTHOR'S MESSAGE

What lesson do you think the author wants us to learn?

- Cooking is always easy.
- The best recipes are made with love, creativity, and kindness.
- You should always follow a recipe exactly.
- Festivals are only for cooking competitions.



6 YOU THINK!

If you could add one special ingredient to a recipe, what would it be and why?



7 DRAW & RESPOND

Draw a picture of Lila making her magical recipe. Then, write one sentence about your picture.





CREATIVITY
& IMAGINATION



TEAMWORK
& COLLABORATION



PROBLEM SOLVING
& INNOVATION



LITERACY
& WRITING



CULTURAL
AWARENESS

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COMMUNITY PROBLEM-SOLVING MAZE

Lila wants to share her magical recipe at the Community Festival! Help her solve the challenges and find the best path to the festival.



★ **Directions:** Help Lila find the best path to the Community Festival. Choose the solutions that show kindness, teamwork, and creativity.



CHALLENGE 1: FRIENDS DISAGREE ON THE RECIPE!



What should Lila do?

- A. Ignore them
- B. Listen and find a way to agree

CHALLENGE 2: THE PARK IS A MESS!



What should Lila do?

- A. Walk past it
- B. Help clean it up

CHALLENGE 3: SOMEONE NEEDS EXTRA HELP!



What should Lila do?

- A. Keep going
- B. Stop and offer help

CHALLENGE 4: IT STARTS TO RAIN!



What should Lila do?

- A. Give up
- B. Think of a plan to keep going

CHALLENGE 5: THE PLANTS NEED WATER!



What should Lila do?

- A. Ignore them
- B. Water and take care of them

CHALLENGE 6: LILA NEEDS A CREATIVE IDEA!



What should Lila do?

- A. Copy someone else's idea
- B. Use her imagination to create something special



1 THINK & REFLECT

Which challenges were the hardest for Lila to solve? Why?



2 PROBLEM-SOLVING TIP!

What is one way you can solve problems in your community?



3 DRAW YOUR SOLUTION!

Draw a picture of Lila at the Community Festival sharing her magical recipe!




Remember: The best solutions come from kindness, teamwork, and creativity!



KINDNESS



TEAMWORK



CREATIVITY



COMMUNITY



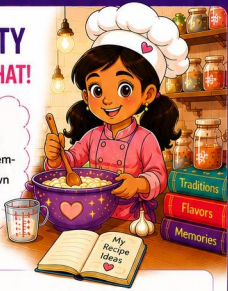
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STEM ACTIVITY BUILD A MINI CHEF HAT!

Chefs wear hats to keep the kitchen clean and safe!
Use your creativity and problem-solving skills to build your own mini chef hat.



1. WHAT YOU NEED

-  1 cardboard toilet paper roll
-  Scissors
-  White paper
-  Tape or glue
-  Crayons or markers
-  Decorations (stickers, etc.)

2. FOLLOW THE STEPS

- 1 Cut slits around the top edge of the toilet paper roll about 1 inch deep.
- 2 Fold each slit outward to make "flaps."
- 3 Cut a strip of white paper and wrap it around the roll near the bottom.



- 4 Tape or glue the paper strip in place to make the hat band.
- 5 Decorate your chef hat with crayons, markers, or stickers. Make it colorful and unique!
- 6 Wear your chef hat and show off your magical creation!



3. THINK & REFLECT

Answer the questions below.

1. What was the most challenging part of this activity?
.....
2. How did you solve the challenge?
.....
3. What would you do differently next time?
.....

4. STEM CONNECTION

Which STEM skills did you use in this activity? Check all that apply.

- ☐ Problem-solving
- ☐ Creativity
- ☐ Engineering
- ☐ Planning
- ☐ Measuring
- ☐ Fine motor skills
- ☐ Teamwork



5. DRAW & LABEL

Draw and label your mini chef hat.



**STEM SKILLS
IN ACTION!**



IMAGINE
Think of new ideas.



PLAN
Make a plan and follow it.



CREATE
Build and improve.



SHARE
Work together and celebrate!

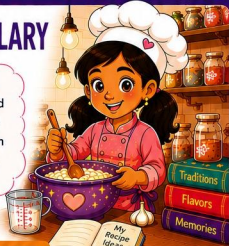
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STEM VOCABULARY

Learning new words helps us understand how the world works! Read the vocabulary words below. Then use them in a sentence on your own.



WORD

DEFINITION

EXAMPLE IN A SENTENCE

PICTURE

YOUR SENTENCE

1

INGREDIENT

(noun)

Something used to make or create something else.

Lila gathered all the **ingredients** for her magical recipe.



2

MEASURE

(verb)

To find out the amount or size of something.

Lila carefully **measured** the sugar so her recipe would be perfect.



3

MIXTURE

(noun)

A combination of two or more things mixed together.

The **mixture** sparked and smelled so delicious!



4

CREATE

(verb)

To make something new or to bring something into existence.

Lila loves to **create** new recipes that bring joy to everyone.



5

OBSERVE

(verb)

To watch or notice something carefully using your senses.

Lila **observed** how the ingredients changed as she mixed them.



6

IMPROVE

(verb)

To make something better than it was before.

Lila always tries to **improve** her recipes with each try.



7

TRADITION

(noun)

A way of doing something that is passed down from generation to generation.

Lila followed her family's **tradition** when making her magical recipe.



8

TEAMWORK

(noun)

Working together with others to achieve a goal.

Lila's friends used **teamwork** to set up the festival.



BONUS CHALLENGE!

Choose 3 vocabulary words above.
Write a sentence for each one.



Great job learning new words!

WORD SEARCH FUN!

Find and circle 8 vocabulary words from above in the puzzle.



I	N	G	R	E	D	I	E	N	T	H
M	E	A	S	U	R	E	C	R	E	A
T	M	I	X	T	U	R	O	O	B	E
R	X	O	B	S	E	R	V	E	V	A
A	P	I	M	P	R	O	V	E	W	M
D	T	R	A	D	I	T	I	O	N	K
T	E	A	M	W	O	R	K	L	Q	P



CURIOSITY
Ask questions!



OBSERVE
Look closely!



INNOVATE
Try new ideas!



COLLABORATE
Work together!



CREATE MAGIC
In everything you do!

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8. DRAW YOUR OWN RECIPE/INVENTION

Create your own magical recipe
or invention!

Draw a picture and write the
ingredients or materials you
would need. Then tell what
it does!



DRAW YOUR RECIPE OR INVENTION HERE!



INGREDIENTS OR MATERIALS: ♥

- _____
- _____
- _____
- _____
- _____
- _____



WHAT DOES IT DO? ♥

- _____
- _____
- _____
- _____
- _____
- _____



SPECIAL POWERS OR BENEFITS: ♥

- _____
- _____
- _____
- _____
- _____
- _____



Be creative. Be thoughtful. Make it magical!



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9. OBSERVATION JOURNAL (STEM Science Log)

Great explorers observe the world around them! Use this journal to record your discoveries, ideas, and questions.



Today's Date: _____



WHAT DID YOU OBSERVE? ♥

Describe what you saw, heard, touched, or discovered.



WHAT DO YOU THINK HAPPENED? ♥

Write your ideas or predictions.



WHAT QUESTIONS DO YOU HAVE? ♥

What do you wonder or want to learn more about?



DRAW YOUR OBSERVATION: ♥

Draw a picture of what you observed.



Observe. Ask Questions. Explore. Learn!



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Lila's Recipe for Magic



CERTIFICATE OF ACHIEVEMENT

This certificate is proudly presented to

for successfully completing the
STEM Activity Pack
for Lila's Recipe for Magic!

Great job, young explorer!

Keep dreaming, exploring,
and creating magic!



KINDNESS



TEAMWORK



CREATIVITY



CURIOSITY

Date: _____

Signed: _____